



# Sri Aurobindo Sadhana Peetham

## Collective Yoga Retreats & Events

Summer 2022 - Winter 2022

2621 W Highway 12, Lodi, CA 95242

### June 18<sup>th</sup> (Saturday) — Cosmology of Light — Presented by Pravir & Margaret

Cultivate a deeper relationship with light from both a scientific perspective and through the lens of Sri Aurobindo's epic *Savitri*. Illustrations and meditations will assist with this journey.

### July 16<sup>th</sup> (Saturday) — Operations of the World and Soul Forces — Presented by Prapanna

With *Savitri* as inspiration, we will build an integral worldview by understanding the operations of the world and soul forces upon humanity and discuss what solution does Sri Aurobindo call for to heal our divisions.

### August 14<sup>th</sup> & 15<sup>th</sup> (Sunday & Monday) — 150<sup>th</sup> Birth Anniversary of Sri Aurobindo

Celebrating the sesquicentennial of Sri Aurobindo's birth. *Sunday: 10am-5pm* collective activities, similar to monthly retreats. *Monday: 6am-6:30am* sunrise meditation, *7pm-8pm* evening program & collective meditation.

### September 17<sup>th</sup> (Saturday) — Workshop on the Upanishads: Part 1 — Presented by Debashish

A workshop on the ancient wisdom text of the *Upanishads* offered by professor Debashish Banerji. Part one will focus on *Brihadaranyaka Upanishad*, Chapter 1, Section 4: Unity, Duality, and Multiplicity in Cosmos and Polis.

### October 15<sup>th</sup> (Saturday) — Workshop on the Upanishads: Part 2 — Presented by Debashish

Part two of the workshop will focus on *Brihadaranyaka Upanishad*, Chapter 1, Section 5: The Question of Food.

### November 17<sup>th</sup> (Thursday) — The Mother's Mahasamadhi Day

Ashram members observe a day of silence in honor of the Mother's Mahasamadhi. Collective meditation: 7pm

### November 19<sup>th</sup> (Saturday) — Living Forces in Savitri — Presented by Pravir & Margaret

On this day we will seek to enter into a deeper contact with some of the living and conscious Forces embodied in Sri Aurobindo's epic *Savitri*, notably the characters of Savitri, Satyavan, & Aswapati.

### November 24<sup>th</sup> (Thursday) — Siddhi Day

In honor of this "day of victory" all are welcome to join us for an outdoor campfire gathering with activities such as group singing, reading from Sri Aurobindo and the Mother, and collective meditation.

### December 5<sup>th</sup> (Monday) — Sri Aurobindo's Mahasamadhi Day

Ashram members observe a day of silence in honor of Sri Aurobindo's Mahasamadhi. Collective meditation: 7pm

### December 17<sup>th</sup> (Saturday) — Receptivity to Language — Presented by Karen M & Zipei

For this retreat we will consider the question "What is language?" and will reflect on the power of words through embodied experiences, particularly those of Sri Aurobindo's *Savitri*.

### December 31<sup>st</sup> (Saturday) — New Year's Eve

Celebrate the advent of the New Year with a special program that includes a bonfire, group activities, music, collective meditation, ringing in the new year, and calendar distribution. *Group activities begin at 8pm and last into the new year.*

\* Monthly collective yoga retreats begin at 10am and finish by 5pm.

\* Darshan and other special programs are from 7pm-8pm, unless otherwise noted.

\* Weekly study groups take place on Wednesdays, Thursdays, Fridays, & Saturdays, from 7pm-8pm.

To stay informed about the latest announcements and updates, please subscribe to our email newsletter.

If you have any questions, please feel free to email us at [sasp@auromere.com](mailto:sasp@auromere.com) or give us a call at 209-339-3710 ext 5.