Cultivate a deeper relationship with light from both a scientific perspective and through the lens of Sri Aurobindo’s epic Savitri. Illustrations and meditations will assist with this journey.

With Savitri as inspiration, we will build an integral worldview by understanding the operations of the world and soul forces upon humanity and discuss what solution does Sri Aurobindo call for to heal our divisions.

Celebrating the sesquicentennial of Sri Aurobindo’s birth. Sunday: 10am-5pm collective activities, similar to monthly retreats. Monday: 6am-6:30am sunrise meditation, 7pm-8pm evening program & collective meditation.

A workshop on the ancient wisdom text of the Upanishads offered by professor Debashish Banerji. Part one will focus on Brihadaranyaka Upanishad, Chapter 1, Section 4: Unity, Duality, and Multiplicity in Cosmos and Polis.

Part two of the workshop will focus on Brihadaranyaka Upanishad, Chapter 1, Section 5: The Question of Food.

Ashram members observe a day of silence in honor of the Mother’s Mahasamadhi. Collective meditation: 7pm

On this day we will seek to enter into a deeper contact with some of the living and conscious Forces embodied in Sri Aurobindo’s epic Savitri, notably the characters of Savitri, Satyavan, & Aswapati.

In honor of this “day of victory” all are welcome to join us for an outdoor campfire gathering with activities such as group singing, reading from Sri Aurobindo and the Mother, and collective meditation.

Ashram members observe a day of silence in honor of Sri Aurobindo’s Mahasamadhi. Collective meditation: 7pm

For this retreat we will consider the question “What is language?” and will reflect on the power of words through embodied experiences, particularly those of Sri Aurobindo’s Savitri.

Celebrate the advent of the New Year with a special program that includes a bonfire, group activities, music, collective meditation, ringing in the new year, and calendar distribution. Group activities begin at 8pm and last into the new year.

* Monthly collective yoga retreats begin at 10am and finish by 5pm.
* Darshan and other special programs are from 7pm-8pm, unless otherwise noted.
* Weekly study groups take place on Wednesdays, Thursdays, Fridays, & Saturdays, from 7pm-8pm.

To stay informed about the latest announcements and updates, please subscribe to our email newsletter. If you have any questions, please feel free to email us at rsvp@auromere.com or give us a call at 209-389-3710 ext 5.